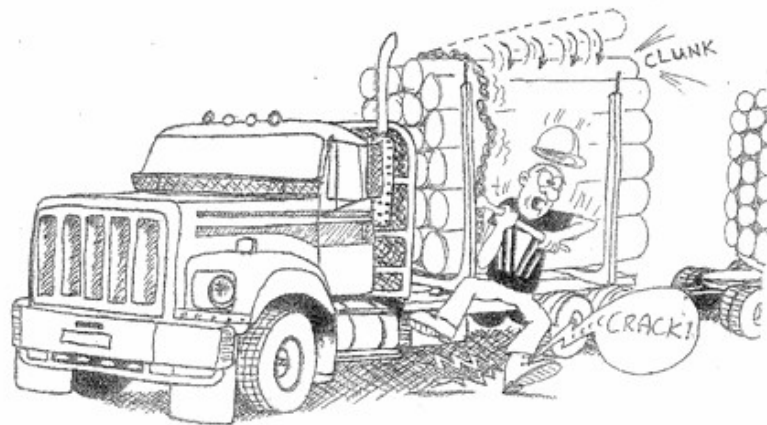


## Perils of the Twitches – Serious Harm!



99% Driving  
1% Checking  
...So don't  
forget to do  
your checks!



### FIPS # 1444 – Lost Time Injury

A Truck Driver was tensioning his load. During the chaining down process he fitted the twitch bar to the twitch and took the first 'bite'. Pulling the chain down caused the chain to release from an unseen snag – a branch which suddenly gave way causing the rope to slacken and the Driver to over balance and fall to the ground. His left leg/ankle bore the weight and his ankle was broken.