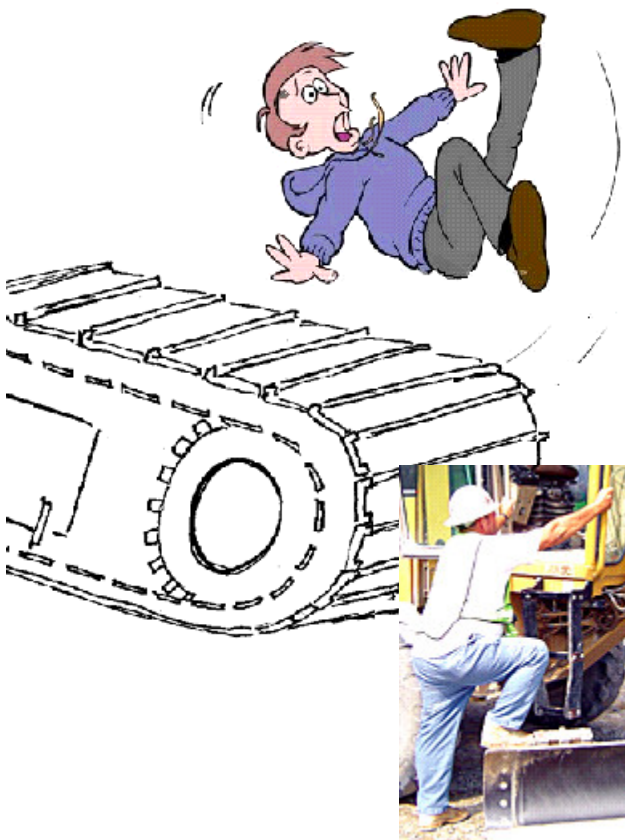


ACCESS and EGRESS!

Take the opportunity to check your machine – Does it have sufficient steps and hand holds? Do Machine Operators understand that they must maintain **‘3-Points-of-Contact’** whenever they access or exit their machine?

LTI 22/09/08 – Eastern Bay of Plenty

An Excavator Loader Operator stepped from the cab onto the tracks and slipped. He landed heavily on his shoulder. Initially he was diagnosed with bruising however a fracture was later diagnosed.



What have we learnt – points to observe:

1. Always use the steps and hand rails and never jump – maintain 3-points-of-contact.
2. Spiked boots are hazardous for machine operating, use boots with a good tread.
3. Look at where you are stepping - watch out for rough terrain, slovens and slash.
4. Take special precautions if required to work from a height of 3 metres or more
5. Stop the machine before climbing off – never jump from a moving machine.